

Annual Report (2020-21) Interact Club

Due to the pandemic all activities including webinars, campaigns and fundraisers were organised by The Interact Club using the virtual platform

Child labour (12 June 2020)

Child labour refers to the exploitation of children through any form of work that deprives children of their childhood, interferes with their ability to attend regular school, and is mentally, physically, socially or morally harmful. Students made videos and presentations for sensitizing the community about the dark hole of child labour in our country and how we as a community can help to bring our country out of it. The video represented the worsening of the prevailing situation of child labour in India due to the lockdown.



International Day of the World's Indigenous Peoples (9 August 2020)

The International Day of the World's Indigenous Peoples is observed on 9 August each year to raise awareness and protect the rights of the world's indigenous population. This event also recognizes the achievements and contributions that indigenous people make to improve world issues such as environmental protection. Students took initiatives to spread and make people aware of the unrecognised achievements and contributions of Indigenous people towards the environment.



International youth day (12 August 2020)

This day is celebrated to raise awareness about the challenges and problems faced by the world's youth in this age. The International Youth Day gave an opportunity to the students to celebrate as well as spread awareness about mainstream young peoples' voices, actions and initiatives, as well as their meaningful, universal and equitable engagement.



Organ Donation Day (13 August 2020)

Organ Donation Day is observed every year on the 13th of August. Due to a lack of awareness, there are myths and fears in peoples' minds about organ donation. The aim of this day is to motivate normal human beings to pledge to donate organs after death, and to spread awareness about the importance of organ donation. The students through social media platforms sensitized people about the good deed of organ donation and how even after our death we can give life to another person.



Magnifique MUN (28 August 2020)

This fundraiser MUN aimed to collect funds to purchase electronic devices for the EWS students of our school, to ensure their education doesn't stop amidst this pandemic. Model United Nations conferences are simulations of various international and national executive and legislative committees' forums or organs. It is a vibrant forum for discussion and deliberations. This MUN helped children develop their leadership skills. MUN is an exercise in research, public speaking, and teamwork.



International Literacy Day (8 September 2020)

International Literacy Day is an international observance, celebrated each year on 8 September. It aims to highlight the importance of literacy to individuals, communities and societies. During the pandemic when numerous students were deprived of their Right to Education due to unavailability of resources, our students took the initiative to spread awareness about the importance of literacy and how we can do our bit to help people acquire education.



International Day of Democracy (15 September 2020)

The day helps people to come out, celebrate, and promote democracy across the globe. The significance of the International Day of Democracy is to provide an opportunity for people to participate in democracy and urges the government to respect peoples' rights. Students encouraged people to freely express their will and fight to express their own political, economic, social and cultural opinions. The aim was to make people realise that their voice and opinion mattered.



International Day of Peace (21 September 2020)

Observing the International Day of Peace or World Peace Day is crucial as it aims at spreading peace and harmony across the world. The world is so much in need of love, friendship, and positivity, especially during the year 2020. As we all are aware, there have been a lot of disputes between certain countries for many reasons. It is very important to sensitise people regarding the importance of peace in today's world. Hence, the students took this opportunity to encourage people to commit to putting peace above all differences and to contribute to building a Culture of Peace.



World Alzheimer's Day (21 September 2020)

World Alzheimer's Day is observed on September 21, every year to raise awareness, and educate about Alzheimer's and Dementia. This day is celebrated to understand the importance of talking about dementia and demystifying it. Alzheimer's is a progressive disease that causes brain cells to degenerate and die and it is known to cause 60 - 80 percent of dementia cases. The students through videos and presentations represented that dementia is irreversible and only the symptoms can be treated. Thus, it is our duty to spread awareness about the symptoms of dementia and save many people from this disease.



World Heart Day (29 September 2020)

The World Heart Foundation organises World Heart Day on September 29 every year to emphasise the importance of being active and staying informed about cardiovascular health and diseases. The students promoted preventative measures and steps that people should inculcate in their lifestyle to keep heart attacks at bay.



International Day of Awareness on Food Loss (29 September 2020)

Every year the International Day of Awareness on Food Loss and Waste Reduction is observed on 29th September 2020. Knowingly or unknowingly we waste food every day without realising how lucky we are. There are people who can't even afford one meal a day, yet we throw what we don't like in the dustbin. An initiative was taken by the students to spread awareness on minimising food wastage keeping in mind the theme for this year i.e **"Stop food loss and waste. For the people. For the planet."** The video spread awareness about how avoiding and minimising food waste will help us feed the world's growing population and contribute to a sustainable future for our planet.



World Mental Health Day (10 October 2020)

World Mental Health Day is celebrated on 10th October every year. The day is marked for global mental health education and awareness. The day is also celebrated to advocate against the social stigma associated with mental health issues. During the pandemic, when we were locked inside our homes and surrounded by negativity on social media, our students used the same platforms to talk about mental health and how individuals can look after themselves. This

video was also a reminder for everyone to check in on their loved ones and to stand together through this rough phase.



Girl Child Day (11 October 2020)

Girl Child Day was first initiated in 2008 by the Ministry of Women and Child Development. In a country like India where the male child is given preference in most families, it is important to educate people about gender equality. The members of our club highlighted the inequalities faced by girls and promoted awareness including the rights of a girl child, and the importance of education, health, and nutrition.



Breast Cancer Awareness Day (13 October 2020)

Breast Cancer Awareness Day on October 13 is a time to gain and spread knowledge about what sufferers are up against and how society can help. The club took an initiative to spread awareness through Dr. Bhavna Chaudhary, Principal Consultant Gynaecologist at Max Hospital who talked about the symptoms and the preventive measures of Breast Cancer.



Global Handwashing Day (15th October 2020)

Every October 15 is observed as Global Handwashing Day. Everyone learnt the importance of proper handwashing during the pandemic. The students made videos and presentations as a reminder that washing our hands regularly with soap and water is the only way to avoid spreading germs and getting sick.



International Day for the Eradication of Poverty (17 October 2020)

The International Day for the Eradication of Poverty is an international observance celebrated each year on October 17 throughout the world to honour victims of poverty, hunger, violence, and fear at the unveiling of a commemorative stone. Poverty is a curse prevailing in our country since time immemorial. The students spread awareness and educated people on how they can do their bit to eradicate poverty. Some of these steps include donating to organisations working towards this cause, eliminating gender inequality and trying to educate everyone about the seriousness of this situation.



Parliamentary Debate Competition (18 October 2020)

Uncut is a youth platform working towards spreading awareness on various issues. Uncut along with DPS VK organized a Parliamentary Debate Competition. The participants were given certificates signed by the RCD VK President.

World Polio Day (24 October 2020)

World Polio Day is observed every year on the 24th of October to raise awareness for polio vaccination and eradication of polio. This day gave students an opportunity to spread awareness and also highlight the global efforts towards a polio-free world and the importance of the polio vaccine. Since 1988, owing to vaccine more than 18 million people can walk today who would otherwise have been paralyzed, and 1.5 million childhood deaths have been averted.



Infant protection (7 November 2020)

Infant protection day is observed every year on the 7th of November. The students aimed at spreading awareness about the safety of infants and protecting their lives by taking proper care of infants as these infants are tomorrow's citizens and it is necessary to protect them as they are the future of this world.



National cancer awareness day (7 November 2020)

National cancer awareness day is observed every year on the 7th of November to generate awareness about cancer prevention and early detection. According to the World Health Organisation (WHO), cancer is the second leading cause of death globally. The condition of people dying of cancer in India is a serious threat to the nation. Thus, the club encouraged its members to spread awareness about the symptoms and preventive measures for cancer. The students emphasised the early detection of cancer as it's easier to treat cancer at an earlier stage and hence prevents people from succumbing to it.



World pneumonia day (12 November 2020)

World pneumonia day is observed every year on the 12th of November to raise awareness among people about this deadly infection, and to endorse action plans to protect, prevent and treat pneumonia. Statistical reports reveal that pneumonia is the single largest infectious killer of adults and children. The students made videos and presentations to spread awareness for the same.



International Day for Tolerance (16th November 2020)

The International Day for Tolerance is observed every year on the 16th of November to educate people about the need for tolerance in society and to help them understand the negative effects of intolerance. India being a diverse country with over 9 religions, needs to maintain tolerance. The students spread awareness of the importance of being tolerant and respectful and standing together instead of standing against each other.



World toilet day (19th November 2020)

World toilet day is observed every year on the 19th of November. This day celebrates toilets and raises awareness of the 4.2 billion people living without sanitation. The students encouraged people to take actions to tackle the global sanitation crisis and achieve Sustainable Development Goals.



International Day for Elimination of Violence against Women (25th November 2020)

As countries implemented lockdown measures to stop the spread of coronavirus, violence against women, especially domestic violence intensified. In some countries calls to helplines have increased five-fold. Violence against women still remains one of the most widespread, persistent, and devastating human rights violations in our world today. Students made videos to educate people about this major issue and encouraged people to speak up and stand against this crime.



International Anti-Corruption Day (9th December 2020)

International anti-corruption day is observed every year on the 9th of December to raise awareness about how corruption attacks the foundation of democratic institutions by distorting electoral processes and perverting the rule of law. The club encouraged it's members to raise their voices and stand against corruption.



Human rights day (10th December 2020)

Human rights day is observed every year on the 10th of December – the day on which the United Nations General Assembly adopted, in 1948, the Universal Declaration of Human Rights. The students made videos to reaffirm the importance of human rights in re-building the world we want. These videos also indicated how our human rights are being violated on a day-to-day basis without our knowledge and how we as citizens can speak up for our rights.



Clothes Distribution Drive (12 October 2020)

The Interact Club of D.P.S organised a winter clothing collection drive for Goonj - an NGO which undertakes disaster relief, humanitarian, and community aid. Goonj annually organises their Odha Do Zindagi campaign through which they distribute warm clothing to those who need it in the winter. The Interact Club contacted Goonj and assisted them by organising a clothing drive. The drive was initiated by Sasha and Tanvi who contacted Goonj to learn more about Odha Do Zindagi and sent out a message explaining their campaign and then collected clothes from the people who were willing to help. Around 150 items of clothing were collected and given to Goonj in two installments. The drive took place from 10th to 25th December and clothes were collected from people living all over Delhi in Gurgaon, Vasant Kunj, Malviya Nagar, Sainik farms, and Dwarka.



Distribution of Devices (January 2021)

The students collected funds through various fundraisers and provided the underprivileged students with devices and access to an internet connection to ensure their education even amidst the pandemic. The club succeeded in distributing around 45 phones to the underprivileged which included children of housekeepers, drivers, and daily wage workers. Our club made sure that these children were not deprived of their education in these trying times.



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EU Goes To School (12 January 2021)
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This was an event co-organized by The WISE Foundation and European Union Delegation in India. 30 students from our school took part in this and asked 4 questions relating to EU-India relations, environment, and sustainability, higher education in the EU. These questions were answered directly by H.E Johanna Borchardt.

<mark>Live Webinars</mark>

1. How children can overcome emotions and stress by Mr. Akshay Agarwal (17th October 2020)

Mr. Akshay Agarwal is a lawyer turned mind-healer. Since 2017 he is motivating and inspiring people to get out of their comfort zone and get a front-row seat in life. With his engaging and fun personality, he connects with his audiences immediately and delivers content they can immediately use when they get back to their routine lives.

2. Discussion on E-waste and its appropriate disposal by Ms. Adita Saxena (18th October 2020)

Ms. Adita Saxena is a teacher at Delhi Public School Vasant Kunj and also the coordinator of The Environment Council and Interact Club. Her dedication towards the well-being of the environment and the society along with her excellent guidance has helped these two clubs to reach towards excellence.

3. Sustainable Menstruation by Ms. Prabhnoor Bawa (27th October 2020)

An ex-student, Ms. Prabhnoor Bawa is very dedicated towards the sustainable use of resources and conducts regular workshops to spread awareness.

The workshop was conducted by her team, members of EchoSphere: the environment council of Indira Gandhi Delhi Technical University for Women(IGDTUW)

The workshop "Gal menu menu bol" was about raising awareness among girls about the importance of sustainable menstruation.

Members who conducted the workshop included:-

- 1) Archita
- 2) Shruthi
- 3) Khushboo
- 4)Prabhnoor
- Accompanied by:
- 1) Nandini
- 2) Devanshi
- 3) Partha Joshi

4. Mental health during the lockdown and how to look forward by Dr. Tanushree Sangma (23rd November 2020)

Tanushree Sangma is an Expressive Arts-Based Therapist and Psychologist at the Department of Mental Health & Behavioural Sciences, Fortis Healthcare. She uses creative arts in the therapy work with children, adolescents and adults and conducts life skills and mental health workshops with schools as a part of the Fortis School Mental Health Program. In addition to this, she provides group-based creative arts workshops & training with organisations. She has a keen interest in sketching and visual arts.



RYLA '21 (3 April 2021)

Rotary Youth Leadership Awards (**RYLA**) was held at the Manav Rachna University, Faridabad. It was an intensive leadership experience organized by Rotary clubs and districts where interactors developed your skills as a leader while having fun and making connections. Students from our school participated in the same.

The Interact Club of Delhi Public School Vasant Kunj succeeded in carrying out various fundraisers and was able to donate devices, stationary, clothes, water coolers, school bags for underprivileged students, and monthly rations for old age homes. Our Net Donations were around 5.5 Lakhs in 1 year.

<u>S.no</u>	Medium of Work Done	Amount (Rs.)
1	By giving mobile phones for educational purposes to underprivileged students due to the pandemic	3,60,000
2	School Fees paid for a student of our school	20,000
3	Funds collected by E-MUN's organised by our school students	30,000
4	Salary for a teacher	9,000
5	Ration for Old Age Homes(8000 per month)	96,000
6	Given by our coordinator-Miss Adita Saxena	8,000
7	Sanitary napkins(1,500 bi monthly)	9,000
8	Book sets for 2 students of Class10	5,000
9	Earth Savior's Foundation	5,000
10	Clothes Donation	4,500
11	An average estimate of funds collected and used in this session	5,46,500

Interact Post Holders

President: Brahm Ahuja

Vice President: Anshita Harit

Secretary: Prakhar Khurana

Director Youth Services: Tiya Garg

Director Vocational Services: Vrinda Arora

Director Environmental Services: Shreeya Poddar

Director International Services: Viveka Malik

Director Community Services: Kaashvi Sehgal

Sergeant at arms: Hemakshi Kapoor

