

GOVT. OF NCT OF DELHI: DIRECTORATE OF EDUCATION
EXAMINATION CELL, OLD SECRETARIAT
DELHI-110054

DE.5/43/04/2019-20/Exam/280-286
//CIRCULAR//

Date: 19/2/20

Sub: Celebrating Pariksha Parv 2.0-reg.

National Commission for Protection of Child Rights (NCPCR), had launched a month long campaign "Pariksha Parv" during the exam period in February-March, 2019. The purpose of this campaign was to change the outlook/perspective of children towards exams. The details and videos of the session in Pariksha Parv 2019 are available at <https://ncpcr.gov.in/index1.php?lang=1&level=1&&sublinked=1928&lid=1820>.

By continuing its endeavour towards changing the outlook/perspective of children towards exams and making it a joyful activity, NCPCR is conducting Pariksha Parv 2.0. Pariksha Parv 2.0 shall provide a platform to students to talk about their concerns and interact with renowned counselors and psychologists. This initiative will also help in removing the stigma attached to counseling and promote positive perception. The compendium of counsellors/psychologists thus prepared shall be made available to all concerned.

The Live Streaming Sessions are being organized from 01st February, 2020 to 31st March, 2020 on Facebook/Twitter/You Tube to enable the students to interact with experts to reduce their exam stress.

It is further informed that NCPCR is in the process of developing a checklist for students to analyse their stress level to examination. The same shall be made available on Commission's website at <https://ncpcr.gov.in/index1.php?lang=1&level=0&linkid=113&lid=1879>.

In this regard, all the Heads of Govt., Govt. Aided & Un-Aided Recognized Schools are hereby directed to disseminate this information to all the Teachers, Students, Parents and the School Management Committee(SMC) and boost the morale of the students to perform well in the exam without any fear and panic and encourage participation in the live sessions. Heads of Schools are also directed to place the said information at School Notice Board.

S. Jain
19.2.2020

(Dr. Saroj Sain)
Addl. DE (Exam)

**All the Heads of Govt., Govt. Aided & Un-Aided Recognized Schools
through DEL E.**

Copy to:

1. PS to Chairperson, NCPCR
2. PA to Secretary (Education)
3. PA to Director (Education)
- 4 Spl.DE (ASB) & DDE (PSB)
5. All RDEs/DDEs (District & Zonal) through DEL E.
6. ADE (IT) to get it placed on website of Dte. of Education.
7. Guard file.

Mukta Soni
19-2-2020
(MUKTA SONI)
DDE (Exam)