

DOE Fit India Report

December 2020

In continuation of its '*Fit India Campaign*' monthly series, DPS Vasant Kunj organized a few virtual activities for its students in the month of December 2020.

These fitness activities were for students of classes 6th to 12th. Around 184 enthusiastic students participated online in Jumba, Yoga, Meditation and various Agility exercises. To facilitate the students, demos of these aforementioned exercises were given by the concerned PE teachers of the school.



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