

## ACTION TAKEN REPORT

### Fit India Campaign (February 2020)

In pursuance of DOE's circular regarding 'Fit India' and Hon'ble PM's initiative of 'Fit India Movement', Delhi Public School Vasant Kunj has been regularly organising various activities for its students. These activities have been organised on a monthly basis. The objective of these activities is to encourage fitness and health amongst the young generation of today. They aim at assisting the youth to bring about awareness about physical activities and their impact on their daily lives.

The activities undertaken for the month of **February 2020** were as follows:

1. A '**Saree Drill**' was done as part of 'Fit India' by the students of Class I. Around **100 students** participated in this fun and vibrant activity. They made different kinds of interesting formations with the colourful drapes. This event was part of the Annual Day of Class I.





2. **'Free-Hand Exercises'** were done by the students of **Class IV** in their **Annual Show 'Atulya Bharat'**. Around **80 students** participated in this rigorous activity. The event highlighted the urgent need of each individual to adopt an active and healthy lifestyle. The students enthralled the audience with their swift movements and difficult formations.



